

# La Mer

RESTAURANT

March 2, 2020 through March 6, 2020

## Starters

### Low Sodium Vegetable Soup

*Choice of chicken breast or noodles*

**Cup \$3 / Bowl \$4**

### Soup Du Jour

*Soup of the Day*

**Cup \$3 / Bowl \$4**

### House Salad

*Iceberg, tomatoes, onions, carrots, & cucumbers / \$3*

### Caesar Salad

*Romaine, parmesan, croutons & Caesar dressing / \$3*

## Appetizers

### Nacho' Nachos

*Beef and Chicken, Guacamole, Pico de Gallo, sour cream, jalapenos, shredded cheddar cheese \$9*

### Jumbo Shrimp Cocktail

*Served with cocktail sauce and lemon / \$10*

## Casual Fare

*All entrees include a cup of soup or starter salad with two sides. All featured sauces may be served on the side as requested.*

### Shrimp Salad

*House salad topped with shrimp and comes with your choice of dressing / \$20*

### La Mer Burger\*

*7oz. Charbroiled Angus Beef Patty Cooked To Order, Served On A Brioche Bun Served with Lettuce Tomato Onion Pickles / \$8*

### Filet Mignon\*

*8oz. Black Angus Filet Cooked To Order / \$21*

### Salmon Filet

*8 oz. Pan Seared Salmon Filet / \$13*

### Penne Pasta (GF)

*Served with your choice of white wine sauce or pomodoro (tomato) sauce/ \$10 (Meat sauce \$2 more)*

### Vegetable Ravioli

*Filled with butternut squash, mascarpone cheese, sweet potato, and topped with parmesan cheese / \$10 (Meat sauce \$2 more)*

### Kobe Beef Patty\*

*8oz. beef patty, chargrilled to order and topped with*

## Entrée Features

*All entrees include a cup of soup or starter salad with two sides. All featured sauces may be served on the side as requested.*

### Chicken Fried Chicken

*Hand battered Chicken Breast Deep Fried served with Cream Gravy \$12*

### Pot Roast

*Tender Pieces of Beef Slow Cooked with Root Vegetables and served with Brown Gravy \$13*

### Newburg Seafood

*Shrimp, White fish and Salmon stewed in a Sherry Cream Sauce, Served over a Puff Pastry \$14*

## Sides

Coleslaw	\$2.00
Fried Okra	\$2.50
Steamed Brown Rice	\$2.50
Veggie Plate	\$6.00
Yukon Mashed Potatoes	\$2.50
Daily Fresh Vegetables	\$2.50
Baked Idaho Potato	\$2.50
Fresh Fruit	\$2.50
Baked Sweet Potato	\$2.75
Steak Fries	\$2.50
Sweet Potato Fries	\$2.50
Berries	\$3.00
Fresh Potato Chips	\$2.00

*\*These items may be cooked to order. Consuming raw or undercooked meats, seafood, or eggs may increase your risk of food borne illness.*