

La Mer

RESTAURANT

March 16, 2020– March 20, 2020

Starters

Low Sodium Vegetable Soup
Choice of chicken breast or noodles
Cup \$3 / Bowl \$4

Soup Du Jour
Soup of the Day
Cup \$3 / Bowl \$4

House Salad
Iceberg, tomatoes, onions,
carrots, & cucumbers / **\$3**

Caesar Salad
Romaine, parmesan, croutons
& Caesar dressing / **\$3**

Appetizers

Chicken & Beef Quesadilla

Filled with peppers, onions and cheddar cheese,
served with sour cream & salsa **\$8**

Jumbo Shrimp Cocktail

Served with cocktail sauce and lemon / **\$10**

Casual Fare

All entrees include a cup of soup or starter salad
with two sides. All featured sauces may be
served on the side as requested.

Shrimp Salad

House salad topped with shrimp and comes with
your choice of dressing / **\$20**

La Mer Burger*

7oz. Charbroiled Angus Beef Patty cooked to order,
Served on a Brioche Bun with lettuce, tomato, onion
and pickles / **\$8**

Filet Mignon*

8oz. Black Angus Filet cooked to order / **\$21**

Salmon Filet

8 oz. Pan Seared Salmon Filet / **\$13**

Penne Pasta (GF)

Served with your choice of white wine sauce or
pomodoro (tomato) sauce/ **\$10**
(Meat sauce \$2 more)

Vegetable Ravioli

Filled with butternut squash, mascarpone cheese,
sweet potato, and topped with parmesan cheese /
\$10 (Meat sauce \$2 more)

Kobe Beef Patty*

8oz. beef patty, chargrilled to order and topped with
a button mushroom sauce/ **\$14**

Entrée Features

All entrees include a cup of soup or starter
salad with two sides. All featured sauces
may be served on the side as requested.

Smoked Chicken Breast

Hickory smoked chicken breast served with
BBQ sauce / **\$12**

Diced Steak & Rice

Braised beef tips slowly cooked with onions
& garlic, served on a bed of white rice along
with au jus sauce / **\$13**

Pecan Crusted Trout

Trout crusted with crushed pecans and
panko bread crumbs and oven roasted/ **\$14**

Sides

Coleslaw	\$2.00
Fried Okra	\$2.50
Steamed Brown Rice	\$2.50
Veggie Plate	\$6.00
Yukon Mashed Potatoes	\$2.50
Daily Fresh Vegetables	\$2.50
Baked Idaho Potato	\$2.50
Fresh Fruit	\$2.50
Baked Sweet Potato	\$2.75
Steak Fries	\$2.50
Sweet Potato Fries	\$2.50
Berries	\$3.00
Fresh Potato Chips	\$2.00

*These items may be cooked to order. Consuming raw or undercooked meats, seafood, or eggs may increase your risk of food borne illness.