

# La Mer

RESTAURANT

September 16, 2019 through September 20, 2019

## Low Sodium Vegetable Soup

Choice of chicken breast or noodles  
Cup \$3 / Bowl \$4

## Soup Du Jour

Soup of the Day  
Cup \$3 / Bowl \$4

## House Salad

Iceberg, tomatoes, onions,  
carrots, & cucumbers / \$3

## Caesar Salad

Romaine, parmesan, croutons  
& Caesar dressing / \$3

## Appetizers

### Spanakopita

Spanakopita is a savory Spinach Pie, usually shaped into a triangle / \$7

### Jumbo Shrimp Cocktail

Served with cocktail sauce and lemon / \$10

## Casual Fare

All entrees include a cup of soup or starter salad with two sides. All featured sauces may be served on the side as requested.

### Shrimp Salad

House salad topped with shrimp and comes with your choice of dressing / \$20

### La Mer Burger\*

7oz. charbroiled Angus beef patty, cooked to order, served on a brioche bun with classic toppings / \$8

### Filet Mignon\*

8oz. Black Angus filet, cooked to order / \$21

### Salmon Filet

8 oz. Grilled salmon filet / \$13

### Penne Pasta (GF)

Served with your choice of white wine sauce or pomodorina (tomato) sauce / \$10 (Meat sauce \$2 more)

### Vegetable Ravioli

Filled with butternut squash, mascarpone cheese, sweet potato, and topped with parmesan cheese / \$10 (Meat sauce \$2 more)

### Kobe Beef Patty\*

8oz. beef patty, chargrilled to order and topped with a button mushroom sauce / \$14

## Entrée Features

All entrees include a cup of soup or starter salad with two sides. All featured sauces may be served on the side as requested.

### Prime Rib

10 oz Portion of Oven Roasted Prime Rib, served with Thyme Au Jus & Horseradish Cream / \$14

### Chicken Parmesan

Breaded Butterfly Chicken Parmesan, served with Mushroom Ravioli and Marinara Sauce / \$10

### Swedish Meatballs

Three Large, Angus Ground Beef Swedish Meatballs served with Steamed Rice / \$12

## Sides

Daily Fresh Vegetables \$2.50

Baked Idaho Potato \$2.50

Fresh Fruit \$2.50

Baked Sweet Potato \$2.75

Steak Fries \$2.50

Sweet Potato Fries \$2.50

Berries \$3.00

Fresh Potato Chips \$2.00

\*These items may be cooked to order. Consuming raw or undercooked meats, seafood, or eggs may increase your risk of food borne illness.