



Dinner at La Mer

June 10, 2019 through June 14, 2019

Starters

Low Sodium Vegetable Soup	Soup Du Jour	La Mer House Salad	Caesar Salad
Choice of diced chicken breast or noodles Cup \$2.95 Bowl \$3.95	Chef's Delicious Cuisine Cup \$2.95 Bowl \$4.00	Traditional chopped lettuce with vegetables \$3.00	Basic with croutons \$3.45



Appetizer

(If you prefer this item as an Entrée, please double the price)

Fried Calamari

Lightly crusted with seasoned flour, then deep fried and served with marinara or cocktail sauce
\$5.75



Entrée Features

All Entrées include a cup of soup or a starter salad with two sides.

All featured sauces may be served on the side as requested

GF Red Snapper Fillet with Sofrito Cruda Salsa

Skin-on fillet seasoned with fresh aromatic herbs, dry spices and olive oil. Pan seared with white wine and topped with Caribbean style citrus salsa
\$15.00

GF Baked Pork Chop with Maple Syrup and Caramelized Green Apples

Center cut pork chop marinated with fresh herbs, then pan seared and glazed with brandy, maple syrup and light broth. Topped with caramelized green apples
\$13.25

Chicken Parmesan

Lightly fried, parmesan-breaded chicken breasts smothered with marinara sauce and melted Italian cheeses. Served over spaghetti
\$14.50



Casual Fare

Jumbo Shrimp Cocktail

Served with cocktail sauce and wedged lemons
\$9.99

La Mer Burger*

7oz. charbroiled Angus beef patty served on a brioche bun with lettuce, tomato, onion, pickles and your choice of fresh potato chips, steak fries, sweet potato fries, or fresh fruit
\$7.85

***8 oz. Salmon Filet**

Served with your choice of two sides
\$12.50

Gluten Free Penne Pasta

Served primavera style or tossed with pomodorina sauce, then crowned with grated cheese
\$9.99

8 oz. Black Angus Filet Mignon*

Served with your choice of two sides
\$20.75

Assorted Vegetable Ravioli Pasta

Butternut squash & mascarpone cheese; sweet potato & parmesan cheese
\$9.95 (Add Meat Sauce for (\$ 1.25 more))

Kobe Beef Chop Steak*

8oz beef patty chargrilled a la carte and topped with a button mushroom sauce
\$13.75



A la Carte Sides

Daily Fresh Vegetables \$2.32	Baked Sweet Potato \$2.32	Fresh Potato Chips \$1.75
Baked Idaho Potato \$2.32	Steak Fries \$2.32	Sweet Potato Fries \$ 2.32

***Healthy Dish**

***These items may be cooked to order.**

Consuming raw or undercooked meats, seafood, or eggs may increase your risk of food borne illness.

